



Pedal for the kids!



The Cause

The Child Abuse Intervention Department (CAID) at Mary Bridge Children's Hospital serves as a vital resource for children in Pierce County who have been physically or sexually abused. This program helps over 1,200 children each year begin the important process of healing, both physically and emotionally.

When abuse is suspected, specially trained social workers and medical examiners work closely with each patient. CAID's clinic team approach provides holistic assessment and care for the child and family. Located in the Children's Advocacy Center of Pierce County on the Mary Bridge campus, CAID provides medical services to child victims of abuse and collaborates with Child Protective Services, law enforcement, the Prosecuting Attorney's Office and mental health services to ensure each child's safety.

Rotary Clubs of Pierce County

The Rotary Endowment for the Prevention & Intervention of Child Abuse & Neglect was established in 1991. Funds from the Rotary Endowment represent the single largest funding source for the Child Abuse Intervention Department (CAID) at Mary Bridge Children's Hospital. On behalf of over 1,200 children served by CAID each year, thank you to the Rotary Clubs of Pierce County for their generous financial and volunteer support.

Your Dollars Stay Local

When you ride the Courage Classic, your dollars stay local. Registration fees, rider pledges and sponsorships all contribute to the Child Abuse Intervention Department at Mary Bridge making up roughly 30% of their operating budget. One hundred percent of all proceeds benefit the kids in our community.

Courage Classic Environmental Plan

The Courage Classic Bicycle Tour is committed to environmentally sustainable practices in all aspects of the event. Our goal is to reduce the amount of trash entering landfills and to promote environmentally sustainable practices. Rethink, Reduce, Reuse, Recycle.



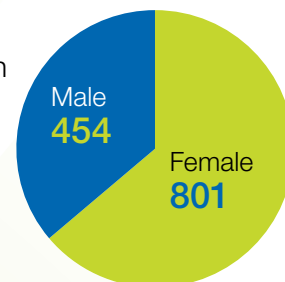
A Waste Connections Company

CAC Statistics for 2013

CASE INFORMATION

Total number of new children served at the CAC this year

1,255



Age of children at first contact with the center:



0 - 6 years
691

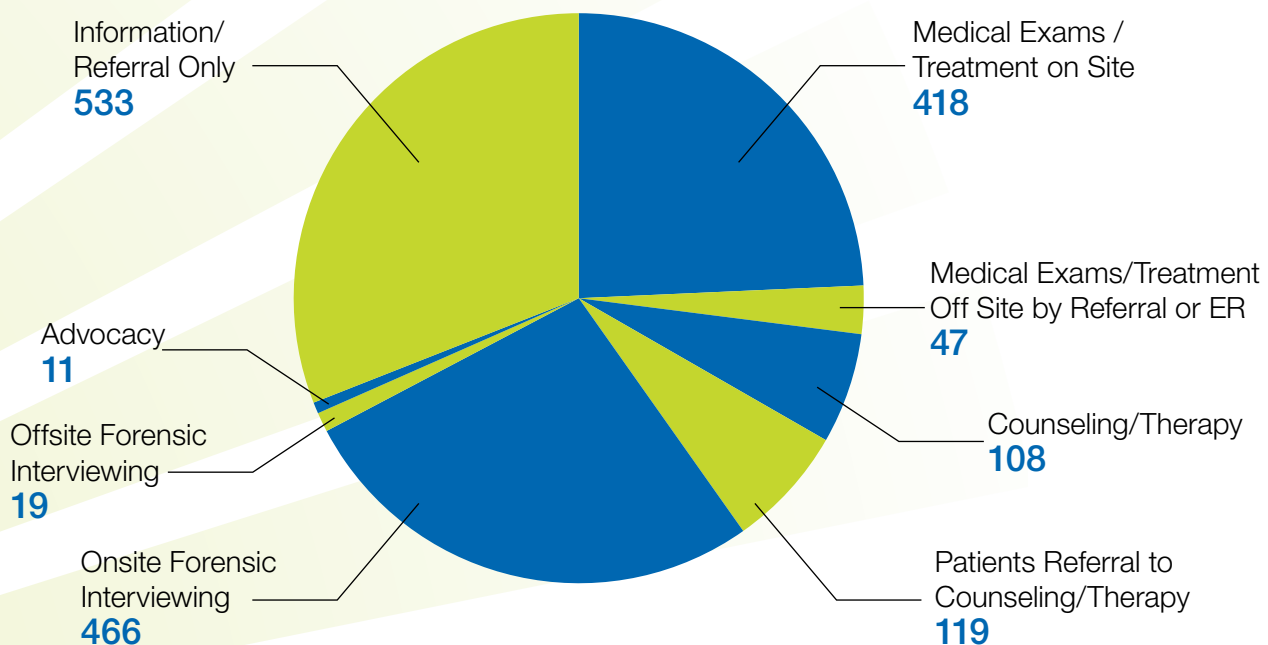


7 - 12 years
342



13 - 18+ years
222

NUMBER OF CHILDREN RECEIVING THE FOLLOWING SERVICES DURING REPORTING PERIOD



TYPES OF ABUSE REPORTED



Alaska Airlines



AUGUST 2-4, 2014

Pedal for the kids!

courageclassic.org



Founding Sponsor
Rotary Clubs of Pierce County

MultiCare
Mary Bridge Children's Hospital
& Health Center
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UPS
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John L. Scott
FOUNDATION

Welcome to the Alaska Airlines Courage Classic Bicycle Tour!

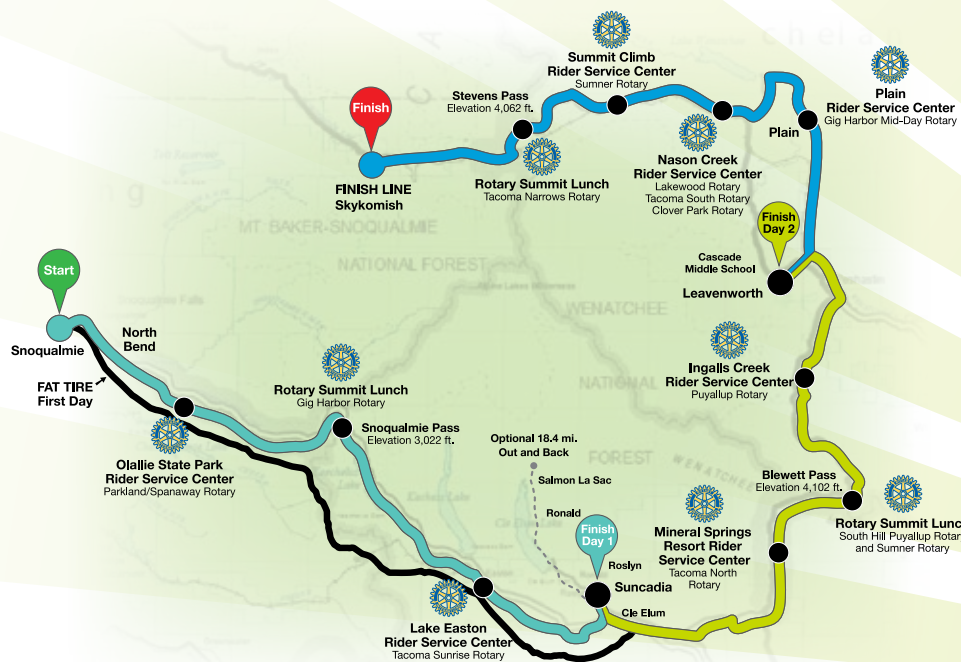
Join us for the 23rd annual Courage Classic. You will be part of a unique three-day bicycling adventure to help stop the cycle of child abuse and neglect in our communities by supporting Mary Bridge Children's Hospital and the state-wide Parent Trust for Washington Children.

This challenging ride traverses the majestic mountain passes and scenic countryside of western and eastern Washington.

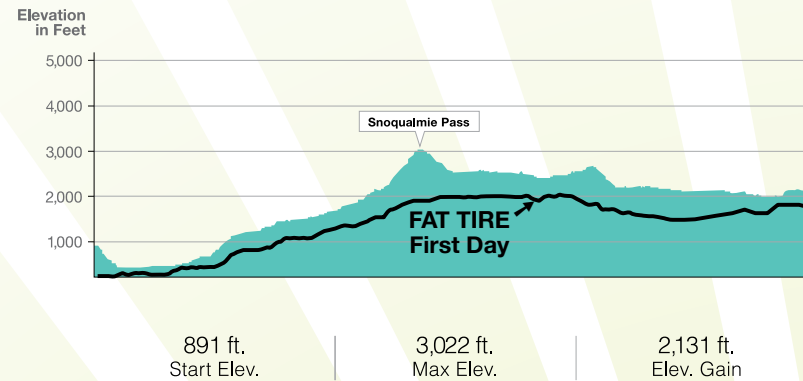


AUGUST 2-4, 2014

Pedal for the kids!



Day 1 Snoqualmie Pass Snoqualmie to Cle Elum — 59.2 miles

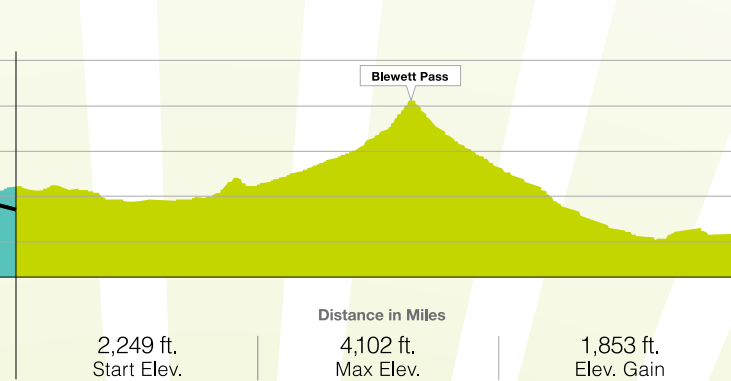


The Courage Classic begins Saturday morning in the quaint town of Snoqualmie at the base of Snoqualmie Pass. Plan to ride-share to the start and leave a vehicle parked for the weekend. Once you've checked-in on Saturday morning your Courage Classic adventure begins as you head out onto the road or trail for a steady climb up the Pass.

If you opt for the "Fat Tire First Day," you'll follow the Snoqualmie Valley Trail up to Rattlesnake Lake then continue on the John Wayne Trail as the maintained gravel trail winds its way toward the summit under the shade of trees, across old railroad trestles and through a two-mile tunnel. Don't forget your headlamp! The John Wayne Trail continues along the shores of Lakes Kecheelus and Easton all the way to So. Cle Elum. We'll truck your bikes for you to switch out your fat tires for skinny at the end of the first day.

Road bikes on Day 1 wind their way through the valley into North Bend and then join I-90 for a few miles before hitting the first rest stop at Olallie State Park. Up the pass a little further, riders enjoy the densely forested Denny Creek Road the last three-miles to the Summit lunch stop. Currently riders on road bikes are shuttled past road construction at the top of the pass and will complete Day 1 by riding from Price Creek Rest Stop into beautiful Dawson Park in Suncadia Resort. You choose your own lodging which ranges from camping at Dawson Park, camping in the mobile bunkhouse or sleeping in local hotels.

Day 2 Blewett Pass Cle Elum to Leavenworth — 59.2 miles

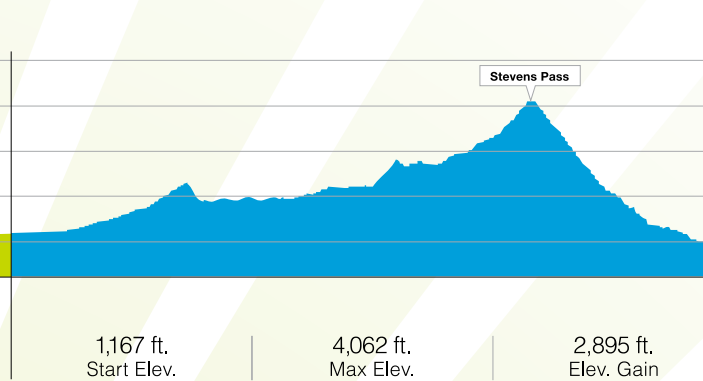


Get started with a hearty breakfast at the Sunset Café in Cle Elum, then follow other riders through the Teanaway Valley along the scenic river, past wheat fields filled with deer, rustic farmhouses and picturesque barns. Regroup and prepare for the Blewett Pass climb with a Rotary rest stop at Mineral Springs, but don't eat too much because lunch awaits you at the top of the Pass and more treats on the other side following a thrilling descent.

Day 2 is capped off with a winding trip through the orchards and vineyards of Peshastin and then downhill into the fantastical Bavarian village of Leavenworth. Slow-cooked BBQ, wine tasting, micro-brews, tubing in the Icicle River and majestic mountain scenery highlight your second day of riding.

Once again, you can camp at the finish line in a tent or the bunkhouse or choose from local accommodations.

Day 3 Stevens Pass Leavenworth to Skykomish — 60 miles



Day 3 finds you working your way up a third Cascade Mountain Pass as you stretch to reach the highest summit yet, Stevens Pass at 4,062 ft. More Rotary Rest Stops fuel your adventure. Enjoy the historic Plain Valley, the challenging climb, the Old Cascade Highway, and finally a joyous finish in the tiny railroad town of Skykomish on the west side of Stevens Pass. You can choose to be bused from the finish line back to your vehicle at the start line or arrange for your own ride from the finish.

Our riders return year after year and find it the highlight of their summer. Groups of friends come together, co-workers support one another, new friendships are made and sometimes the Courage Classic even sparks an engagement. We want to be the highlight of your summer!



courageclassic.org

Register Today!

Visit courageclassic.org to register and create a personalized fundraising page. Join a team, start a team or register as an individual. Registration is \$60-\$85 with a \$750 fundraising minimum. We can't wait for you to continue the tradition and help support the cause!

Event Sponsors:



Proceeds to benefit:

